

how to

face your fears...

and win!!



GOD TODAY | HAVILAH CUNNINGTON

Welcome



Your spiritual growth is important to us. God is doing extraordinary things and without you, our cherished GOD TV family, none of it would be possible. Thank you for being faithful, for being the hands and feet of Jesus, and for staying committed to the Great Commission.

Thank you for pursuing a relationship with Jesus and wanting to grow. We hope you enjoy this guide to facing your fears we've created from Havilah Cunningham, one of God Today Contributors, as our way of saying thank you!

Be Blessed,
The GOD TV Team



01 Speak to the giant

What is a giant in our land or a giant in our life? A giant is usually big. It's scary. It seems like it's bigger than our God.

Giants can seem like they are bigger than what we can do on our own. It can seem like they mock the promises of God in our life. It's really important that we deal with our enemy and we do it as David did with Goliath. The first thing David did was spoke to his giant. This is important. If you're going to deal with your enemy and you're going to deal with the enemy of your soul, I want you, and I want us to tell him, "Enemy, I see you. You don't get to talk to me this way. You don't get to deal with me this way. You don't. I'm not going to, you're not going to do this."

  you are a
 giant
slayer!  

HAVILAH CUNNINGTON

I'm a mom of four boys and my boys are – I love 'em, but they're crazy.

They're ages 8 all the way to age 14. A couple of months ago, I went to get groceries. And when I came in to get the groceries and put them in the kitchen, my third son was laying on the ground, playing a game on his device. And I said, "Hi, Babe. And he goes, "Hi, Mom. "And he smiled. He's very happy. I didn't hear the other boys, but I did hear some kind of rumbling and screaming upstairs. I thought, "Oh, they must be playing upstairs."

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Pretty soon my phone rings. And I pick up, I look at my phone and it's my eldest son calling me. So I pick up the phone. I said, "Judah, what do you need? And he says, "Mom, Grayson locked us up in the office. We've been up there for an hour." When I opened the door, Judah and my other two sons go running after Grayson to retaliate because they had been locked up there for an hour.

I sat back and thought, "I cannot believe that Grayson's laying on the ground. He's playing his game. And yet he has his three brothers that are going to pound him when he opens that door."

If we don't deal with our enemy, it doesn't matter how joyful we are and how much peace we may feel. The enemy is still going to come after us and hurt us.



REMINDER

YOU ARE A GIANT SLAYER

YES

AMEN



What's in your hand?

The second thing that David did was he took what he had in his hand.

he did the very thing that he was good at to defeat the enemy. Sometimes we think that defeating the enemy requires this profound moment of something we've never done before. And I would like to suggest that when we fear our enemy, God wants to use what we have in our hands. And He wants us to use it as a weapon made for this. So for me, you know, I've got a lot of things. I do carpool with my kids. I cook, I clean, I travel.

I do a lot of things. And instead of me removing my battle until it's this one moment where it sounds spiritual, I use what I have. If I have five minutes in the car, I'm going to use that to defeat the enemy by worshiping. If I have a few minutes in a waiting room at a doctor's appointment, I'm going to use that to talk to God and communicate. I'm going to begin to defeat my enemy by what is in my hands.

Guyss, you
don't have to
fight every
giant.

HAVILAH CUNNINGTON



Cut the giant's head off

After David had hit Goliath with his smooth stone and his slingshot, he went over and the Bible says that he cut the head of the giant off. He dealt with it. He didn't let it live. Here's the deal, we have to go after the enemy until we know we are free. You might have the giant of discouragement, depression. You might have the giant of financial hardship or relational. Go fight your enemy.

You are made
to kill the
enemy and
take the
promised land
in *your* life.

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